

Ù =
Lunch

Ûéù=)dçq prá @ ½ §- ' "§-, ð§- Q6§- é Â
\$OO OXQFK VHW FRPHV Z 6RXS RI WKH /RUG &DQWDORXSH Ä \HDU 7DQJHULQH
, °J«Ûx O, ¼® QhÔ™ áépr. ® •['sjáá áã Áás (% áœ •7mÉá»§-
7KH VRXS ZDV QDPHG DIWHU 6LU 6LX .LQ 7DQJ ZKR KDV VDYHG RQH VWDIIS°V OLIH
7KLV VRXS ZDV HVSHFLDOO\ GHVLJQHG WR VHQRLU SHUVRQ IRU HDVLHU FKHZLQJ

' €ê6jqç ÀçE§-œ: %
6XSUHPH 'HHS IULHG *LDQW *URXSHU)LVK)LOOHW)ULHG 5L
x•xÆ~' " éãëæçáê6 qçÑp«ìç] èSœ: % [8N q rÉê6 pí•w , §-
0U 0LQJ]KL \$R RXU JURXS FKLHI FKHI KDV XSJUDGHG WKH LQJUHGLHQW RI DQ I
E\ XVLQJ *LDQW *URXSHU PHDW DQG KDQG GLVPDQWOLQJ WKH VZHHW FRUQ WR P
175

m)Û ç ó»¼NîÜLÁém)§-pí•w
%DUEHFXHG 0L\D]DNL 0DUXPL GD\ 'U\ DJHG 3RUN 6XQQ\
èSOÆîÛýø: ó»¼N f•xý á±ððjÑm)
ñýRwéié{™ áÁN¼§.-%5§-é6§-' §-öh±³§À -™ [Dí"6áÔo»§À .BýjŽ„mÉ§À
Û•w Sü1ò]pí•w ā!"Wpí•w á° 7]§À
°!S{vá †ó|N¥ó|¼§¼™§À äMS "%^/ab§À
ÄòmÉá°Àjé{™° §À ! ¶ sz...a§À +. §ÀmÉe•§-
7KH ILUVW FXW EODGH VKRXOGHU RI 0L\D]DNL 0DUXPLWRQ ZLWK GD\ 'U\ DJHG L
7KRVH 3LJV ZHUH PDLQO\ IHG ZLWK QDWWR FRUQV \RXXUW \HDVW 'ULQNLQJ K
7R VWUHQJWKHQ WKH SLJV LPPXQH \VWHP E\ FUHDWLQJ DQ DFWLYH GLJHVWLYH
:H XVH .\XVKX HJJV WR PDNH)ULHG 6XQQ\ 6LGH XS (JJV HYHU\ FKLFNHQ WKDW SU
7KHLU IHG FRQWDLQV RYHU NLQGV RI QDWXUDO LQJUGLHQW (DFK HJJ \RON FR
\$EVROXWHO\ WDVW\ DQG KHDOWK\
185

Û L{/LéÁç îÜLÁé§-pí•w
2YHQ EDNHG 0L\D]DNL 0DUXPL GD\ 'U\ DJHG 3RUN &KRS 5LF
Süpi•w Dp¥É; D+6ã¥OÆ™ °uÿ6ÑÁçE§À
è ó»¼NéÁ+Û§À
!{¼ :•jL{§-% §-Zr§-{Ô§-{ "N§À•)áL{ý_•. x{•ý §-
8VH .\XVKX (JJ IULHG ZLWK UDWLR RI 7KDL +RP 0DOL 5LFH DQG -DSDQHVH KLJK
)ULHG 0L\D]DNL 0DUXP GD\ 'U\ DJHG 3RUN &KRS ZKLFK LV VRIW WHQGHU DQG
7RPDWR VDXFH LV PDGH RI 'XWFK YLQH WRPDWRHV RQLRQ PXVKURRPV WRPDWR
7KH PRGHUDWH VZHHWQHVV DQG VRXUQHVV RI 'XWFK YLQH WRPDWRHV DUH WLQ\

'jQ6 ç "[äs-OÆ²r§->
%UDLVHG)LVK 0DZ :LOG 0DWVXWDNH 0XVKURRPV -DSDQHVVH
p ááÉ; D+6DOÆ™ °uÿ6"NáAçpüS^İ¼áy "+3áQ6¹
"[äöQr§À8\á Âî ÷ë çøümÉá¼ §-
2UJDQLF 'DRKXD[LQJ 5LFH DFFRPSDQ\ ZLWK WKH VPRRWK ILVK PDZ VWULSV ZLOO
DQG GULHG VKLLWDNH PXVKURRPV LQ WKH JUDY\ RI EUDLVHG DEDORQH
&ULVS\ IULHG JDUOLF RQ WRS VHHPV OLNH WR DQLPDWH LW ZLWK D KHDOWK\ VRX

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5LFH

Hi4YËyÔ¶ LÁéXç 175
xH•x' 'Y " TMê)(Ðø:é-ái4YËyÔ --y•% ö!{ Ž^mÉš-
+RPHPDGH 3DNLVWDQ &XUU\ 5LFH ZLWK *ROGHQ 3RUN 7HQGHU
+DYLQJ LQKHULWDJH IURP D JUHDW FKHIš°V FXUU\ UHFLSH
2XU *URXS 6RXV &KHI 0U &KDQ IXUWKHU GHYHORSHG LW ZLWK ORWV RI RQLRQVD

@jyâ »\ç ÄçE 185
+RPH VW\OH 6DOWHG &KLFNHQ ZLWK)ULHG 5LFH
i1~°Hpî•w ÄçšAmÉé{™œ •èš-
)UHVK :HQFKDQJ FKLFNHQ ZLWK .\XVKX HJJ IULHG ULFH 6LPSO\ WKH EHVW

ï•îLÁé Œmo6Àç pî•w 185
)ULHG 5LFH ZLWK +RNNDLGR 6FDOORS 3RUN %ODFN :KLWH

5XGÍç e;í] ó»4¼NfS š-•jL{š-ÄçE
7HQGHUORLQ &XEH ZLWK 'XWFK 9LQH 7RPPDWR 5HG 5LFH

uvZÂ50fç e;í] ó»4¼NfS š-ÄçE
)ULHG 5LFH ZLWK %HHI 3ODWH \$VSDUDJXVULQ)UHPHQWHG %OD
50f4 i5X iZÂ--â È Ç"%o;•èñš-
\$ KHDOWK\ LQJUHGLHQW IRU DQ\ NLQG RI KXPDQ EHLQJ 3LHFHV RI H[WUD MXLF\
9HJHWDEOH LQ ORZ FDORULHV SDFNHG ZLWK HVVHQWLDO YLWDPLQV PLQHDOV

*v 5ìjç ÆA i5ìjš-ÄçE
)ULHG 5LFH %HHI &KHHN /RQD %ODFN 3HSSHU 6DXFH
i5ìjšf%„^H, øüÆJ @Hjá*v¼šš-WôK^šž
%UDLVHG IUHVK EHHI FKHHN ZLWK URFN VXJDU FRRNHG LQ RXU KRPHPDGH EODFN

výfç ÄçE
)ULHG 'LFHG 0L\D]DNL 0DUXPL 3RUN LQ +RQH\ %ODFN 3HSSHU

:... ' 5 ç
0DSR 7RIX 5LFH ZLWK /REVWHU 0HDW
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S•†äîpšHjá%šH: '5 D i:...šÀ©³ «+o8iá 5 š-
2XU JURXS FKHI DFKLHYHG WKH 0LFKHOOLQ +. š°V UHFRPPHQGDWLRQ E\ WKLV
,W RQFH ZDV UHQRZQHG DV WKH EHVW 0DSR 7RIX LQ +RQJNRQJ

Hi4YËyÔ5äÛ ç ÆA i¶5äš-pî•w
+RPHPDGH 3DNLVWDQ &XUU\ 5LFH ZLWK %HHI 3ODWH 5LWNLHWKX (JULH

YQ...LÁém)...iÀç ó»¼NîÜLÁém)
)ULHG 5LFH ZLWK KD&KRIS SHGJ XPL GD\6KULP\$NHG 3URLHG 6DNXUD
Æ,w(m)Dý...iáÀç Äãëç Ss8m)
(DFK %DUEHFHXHG 3RUN ZRXOG EH FKRSSHG RQO\ IRU HDFK IULHG ULFH WR EH PDG

;2¼:...Œÿç ÄçE
/REVWHU 6HD &XFXPEHU LQ ;2 6DXFH ZLWK)ULHG 5LFH
;2¼Sü O, ÑÁH² õâSâD• šÀ øK±+s¼DÓ^...6šÀ ý'•mDWõ•èš-
7KH ;2 VDXFH UHFLSH E\ &KHI /DL 8VH VDOWHG ILVK 'RX0DQ VKULPS URH LQVWH

•!İ¼> °GÀç İ¼ }
\$:KROH \$EDORQH DSSUR[J ZLWK &RQSR\ 'LFHG &KLFNHQ
é i°šÄİ¼8GDOÆ »0ÄçšÀÐø•!èÛİ¼šÀÛ0e•àèyš-
'LFHG IUHVK FKLFNHQ PHDW DEDORQH FRQSD\ IULHG ZLWK ULFH FRURQDWLRQ Z

) d
Noodle

Cüá@Qáí q ßQG¹ á@QJ
%RDW 5LFH)ODW 1RRGOH LQ 5RDVWHG 'XFN 6RXS 3HNLQJ 'X

µ"Q6•¾Uáij6ø
:LOG %DPERR)XQJXV 6OLFHG)LVK 0DZ 5LFH 1RRGOH LQ 6K

•¾Uím7á„^áE 8·Á^~êrá±S\$-
\$ QLFH ZDUPWK WUHDWPHQW IRU HYHU\ FROG VWRPDFK

õ4h¾) !...6d
1XPE 6SLF\ *UDVV &DUS)LVK 0DZ ZLWK +RPHPDGH 6KULPS 5R

OÆªrJLÁéfJ¾áij6ø
-DSDQHVH 0XVKURRP 6KUHGGHG 3RUN 5LFH 1RRGOH LQ)LVK

OÆªráœG\$Áýfá+3\$ÅH @já¾á8 ·Áä
\$ VLON\ VPRRWK\ PHDO WR FRPIRUW \RXU GLJHVWLRQ V\ VWHP

Åqqáij6ø q rjÅf J()õJ
0XWWRQ 5LFH 1RRGOH 6RXS /L+DQG 6VKUHGGHG 0XWWRQ

iÄUD••Ip Hááð\$ÅðøüãŠárjÅf\$-ÆJárjÅf H,\\$Å+øWø\$-
%RLOHG PXWWRQ ERQH ZLWK KHUEDO DV VRXS EDVH ZLWK RXU VSLF\ UHFLSH RI

...ýª¾ r,d»d
<HOORZ &URDNHU +RPHPDGH 1RRGOH ZLWK +RPHPDGH 3LFNOH

»Àu æLÁéfJ !...6d
6WLU IULHG +RPHPDGH 6KULPS 5RH 1RRGOH ZLWK 6KUHGGHG

;2¾õvœÿLÁéfUÀï
6WLU IULHG)ODW 1RRGOH ZLWK 6OLFHG 3RUN 6HD &XFXPEHU

f á°ád q&ë | 'p rT° °¿6 Wõ \$- "[ä\$-OÆªr\$- i1~°J\$-r,d»d
'DG V &KLFNHQ ZLWK 6KUHGGHG &KLFNHQ Preserved Termite Mushroom, Wild Matsutake Mushroom & J

,°) \ "4J« «p X Há'á°ád\$-
7KH PHPRUDEOH GLHW IURP KLV GDG IRU WKH OLWWOH \RXQJ RZQHU ZKHQ KH ZDV

...ýª: ...'H,6
%UDLVHG 9HUPLFHOOL ZLWK /REVWHU +RPHPDGH 3LFNOHG 9

uv5fÀï e;í] ó»4¾NfS
6WLU IULHG)ODW 1RRGOH ZLWK %HHI 30DWHLPH 3HSSHU GD\)HUPLHQ\

Sü•mý »¾N5fáfS (,ãm)„áùÀ5i\$-
\$ WUDGLWLRQDO GLVK EXW FRPHV ZLWK SLHFHV RI H[WUD MXLF\ LQWHQVH EHH

"Ép) ...' r,d»d ÿg•p)
6KULPSV +RPHPDGH 1RRGOH ZLWK &UDE 5RH

)^a
6 LGH 'LVK

m Ū L Á é f —
Pan-fried Pork Patties with Lotus Root

L Á é f , ' Ū a • Ā ' § - p î • w
Minced Pork & Bitter Gourd Omelette (okinawa bitter gourd, Kyushu eggs)

L Á é f / à 5
Steamed Minced Pork Stuffed Tofu

L Á é , ±^a /^a
Steamed Chinese Flowering Cabbage with Preserved Vegetable & Minced Pork

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Pan-Fried Stuffed Eggplant with Salted Fish

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Pan-fried Stuffed Bitter Gourd in Fermented Black Bean Sauce (okinawa bitter gourd)

H i 4 Ÿ Đ y : ¶ î Ū é X
Homemade Pakistan Curry with Golden Pork Tenderloin

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Fried Diced Miyazaki Marumi Pork with Broccoli in Honey Black Pepper Sauce

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Cod Fish with Ginger & Scallion in Stoneware Casserole

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Pan-fried Bean Curd Rolls with Pork & Dried Oyster

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Stir-fried Beef Plate with Bitter Gourd & Vermicelli (okinawa bitter gourd, 8 6 3 U L P H * U D G H G D \ ' U \ D J H G %

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Stir-fried Shredded Pork with Sea Cucumber in XO Sauce

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Two kinds of Crystal Shrimps in Sesame, Sweet Spicy, & Mashed Salty Egg Yolk (each kind)

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Stir-fried Beef Plate & Asparagus with Black Bean Sauce 3 U L P H * U D G H G D \ ' U \ D J H G % H H I 5 L E H

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Stir-fried Lobster Meat with Garlics & Scallions



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2020-2021

